

NO-DIG Vegetable Gardening

Healthy Soil, Happy Plants, Less Work!

A simple, step-by-step guide to no-dig success

1 CHOOSE YOUR SPOT

- Pick a sunny area as close to your kitchen as possible.
- Grass or weeds? No problem! We'll build on top.



2 LAY DOWN CARDBOARD OR NEWSPAPER

- Cover the area completely with overlapping sheets.
- This smothers weeds and starts breaking down to feed the soil.



3 ADD ORGANIC MATTER

- Add a 3–6 inch layer of organic materials: compost, aged manure, leaf mold, grass clippings, or shredded leaves.
- This feeds your soil and your plants.



4 TOP WITH MULCH

- Add a 2–3 inch layer of straw, shredded leaves, or other mulch.
- This protects the soil, keeps moisture in, and reduces weeds.



5 PLANT YOUR SEEDS OR SEEDLINGS

- Make a small opening in the mulch and plant directly into the soft layers below.
- Water well.



6 WATER & LET NATURE WORK

- Water regularly.
- Worms, microbes, and soil life will do the work for you—building rich, fertile soil right where your plants grow.



7 KEEP MULCHING

- Add more mulch as it breaks down.
- Replenish compost once or twice a year.



8 ENJOY THE HARVEST!

- No digging, no tilling, no hard work!
- Just healthy soil, strong plants, and an abundant harvest.



WHY NO-DIG?



BEST MATERIALS TO USE

- Cardboard / Newspaper
- Compost
- Aged Manure
- Leaves
- Straw
- Grass Clippings