



Harvesting Pumpkin Seeds

Save Today for Next Year's Pumpkins!

Pumpkins are easy to grow and fun to save seeds from.

With just a little time, you can save seeds from your best pumpkins and plant them next year!



THE PUMPKIN JOURNEY

1. Plant & Grow

Plant pumpkin seeds after the soil has warmed. Enjoy your pumpkins all season long!



2. Choose the Best

Select your healthiest, largest, and most flavorful pumpkins for seed saving.



HOW TO HARVEST PUMPKIN SEEDS

1

SELECT PUMPKINS

Choose fully ripe pumpkins. The rind should be hard and the stem dry and brown. Avoid hybrid varieties if you want seeds that grow true-to-type.



2

CUT IT OPEN

Cut the pumpkin open and scoop out the seeds and stringy pulp into a large bowl.



3

SEPARATE SEEDS

Place the pulp and seeds in a bowl of water. Stir and let sit for 15–20 minutes.



4

REMOVE PULP

Good seeds will sink to the bottom. Scoop off the pulp and any floating seeds. Rinse the seeds well.



5

DRY THE SEEDS

Spread the clean seeds in a single layer on a towel or screen in a warm, dry place.



6

HARVESTED!

When seeds are completely dry and hard (about 5–7 days), they are ready to store and save!



HOW TO TELL IF PUMPKIN SEEDS ARE READY



Fresh Seeds
Covered in pulp and slippery.



After Soaking
Pulp begins to break down. Good seeds sink to the bottom.



Clean Seeds
Rinsed clean and free of all pulp.



Drying
Drying for several days to remove all moisture.



Ready to Store
Hard, dry, and not bendable.

GOOD TO KNOW

- Save seeds from open-pollinated pumpkins for best results.
- Rinse seeds well—any pulp left can cause mold.
- One pumpkin can yield hundreds of seeds!



DRYING PUMPKIN SEEDS

1. Spread cleaned seeds in a single layer on a towel, screen, or parchment paper.
2. Keep in a warm, dry place with good air circulation.
3. Stir the seeds once or twice a day.
4. Dry for 5–7 days until seeds are hard and snap when bent.
5. Do not dry in direct sunlight or use an oven.



STORING PUMPKIN SEEDS

Store in a cool, dark, dry place.

Use an airtight jar, envelope, or paper seed packet.

Properly stored seeds remain viable for 4–6 years.



TIPS FOR SUCCESS



FULL SUN

Pumpkins need at least 6–8 hours of sunlight each day.



GOOD SOIL

Rich, well-drained soil helps plants grow strong and healthy for better pumpkins.



CONSISTENT WATER

Keep soil evenly moist, especially during flowering and fruit development.



PATIENCE PAYS

Let pumpkins fully ripen on the vine for the best flavor and the best seeds.



LABEL & DATE

Always label your seeds with the variety name and the date you harvested them.



Save Seeds. Share Abundance. Grow the Future!