

HOW TO GROW CILANTRO



A fast-growing herb with fresh, citrusy flavor for your kitchen!



ABOUT CILANTRO

Cilantro (also called coriander leaves) is easy to grow and loves cool weather. You can harvest the leaves (cilantro) throughout the season, and let some plants flower to harvest coriander seeds.



SUNLIGHT

Full sun to partial shade (at least 4–6 hours of sun per day)



SOIL

Well-drained, fertile soil rich in organic matter. pH 6.2–6.8



WATER

Keep soil evenly moist but not soggy. Water regularly, especially in dry spells.



TEMPERATURE

Prefers cool weather. Best growing temperature is 50–75°F (10–24°C). Bolts in hot weather.



COMPANION PLANTS

Good with tomatoes, peppers, lettuce, beans, carrots, and onions. Helps repel aphids and some pests.

HOW TO GROW

1

START FROM SEED

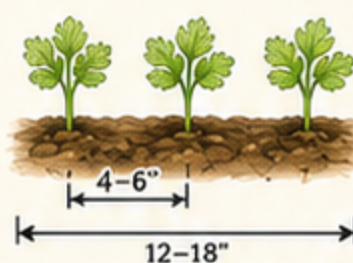
Sow seeds directly in the garden 2–4 weeks before the last frost date in spring. Cilantro does not transplant well, so direct sowing is best.



2

SOW THE SEEDS

Plant seeds ¼ inch deep and space 4–6 inches apart in rows 12–18 inches apart. Cilantro seeds are actually two seeds stuck together.



3

WATER & CARE

Keep soil consistently moist for good leaf growth. Thin seedlings to proper spacing. Mulch helps retain moisture and keep roots cool.



4

HARVEST LEAVES

Harvest leaves when plants are 4–6 inches tall. Cut outer leaves as needed, leaving the center to keep the plant growing.



5

LET IT BOLT (FOR SEEDS)

If you want coriander seeds, let some plants flower. Tiny white flowers will form, followed by seeds. Harvest seeds when brown and dry.



HARVEST

• **Leaves:** Harvest anytime. Pick outer leaves regularly for continuous growth.



• **Seeds:** Allow flowers to mature and turn brown. Cut seed heads, dry, and thresh to remove seeds.



USES



Fresh leaves add bright flavor to salsas, salads, soups, rice, and more.



Blend into dressings, chutneys, pesto, or marinades.



Coriander seeds are great for spices, curries, and pickling.

TIPS FOR SUCCESS

- Plant every 2–3 weeks for a continuous supply.
- Provide partial shade in hot summer weather to slow bolting.
- Keep plants well-watered for tender leaves.



DID YOU KNOW?

Cilantro attracts beneficial insects like hoverflies and lacewings, which help control garden pests!



BEAUTIFUL & BENEFICIAL!

Cilantro flowers attract pollinators like bees and butterflies, helping your garden thrive.



Fresh leaves today, seeds tomorrow — cilantro gives you the best of both!