



TYPE OF SEED	 ORGANIC SEEDS	 HEIRLOOM SEEDS	 OPEN-POLLINATION SEEDS
DEFINITION	Grown using organic farming methods without synthetic pesticides, herbicides, or GMO's. 	Old, traditional varieties passed down through generations, typically 50 years or more. 	Pollinated naturally by wind, insects, or other natural means—not by humans. Seeds can be saved and replanted. 
KEY FEATURES	• Produced using organic standards • Non-GMO • Environmentally friendly • Supports soil health and biodiversity 	• Unique, time-tested varieties • Often superior flavor • Preserves garden history • Wide range of shapes, colors & sizes 	• Natural pollination • Seeds come true to type • Save seeds year after year • Maintains genetic diversity 
BENEFITS	• Healthier plants and soil • Safer for you and the environment • Supports sustainable gardening 	• Incredible flavor & diversity • Connects us to the past • Rare and unique varieties • Great for seed saving 	• Seeds can be saved and replanted • Cost-effective over time • Encourages biodiversity • Adapts to local growing conditions 
BEST FOR	Gardeners who want to grow naturally and support a healthy ecosystem. 	Gardeners who value tradition, flavor, and unique or rare varieties. 	Gardeners who want to save seeds and be self-sufficient. 
EXAMPLES	Organic Buttercrunch Lettuce, Red Cherry Tomato, Early Scarlet Globe Radish 	Brandywine Tomato, Cherokee Purple Tomato, Green Zebra Tomato, Sugar Baby Watermelon 	Provider Bush Bean, Blue Lake Pole Bean, Tendersweet Carrot, Oregon Sugar Pod Pea 
LOOK FOR ON THE PACKET	 Look for the USDA Organic seal or the words "Certified Organic"	 Look for the word "Heirloom" on the packet or description.	 Look for the words "Open-Pollinated" or "OP"



All three types of seeds are great choices for a thriving vegetable garden.
 Try a mix to enjoy the best of flavor, tradition, and sustainability!

