SEEDS TO DIRECT SOW

Plant these seeds directly in your garden!

These vegetables grow best when sown directly in the garden after the soil has warmed.

VEGETABLE	WHEN TO SOW OUTDOORS	SOIL TEMPERATURE	DAYS TO HARVEST	NOTES
Carrot	Early spring (2–3 weeks before last frost)	45–85°F	70–80 days	Keep soil loose and moist.
Radish	Early spring or late summer	40–85°F	25–30 days	Fast growing and easy!
Beet	Early spring or late summer	45–85°F	50–70 days	Sweetest in cool weather.
Spinach	Early spring or fall	40–75°F	45–60 days	Prefers cool weather.
Lettuce	Early spring or fall	40–75°F	45–60 days	Sow every 2 weeks for a steady harvest.
Peas	Early spring when soil can be worked	45–75°F	60–70 days	Use a trellis for best results.
Beans (Bush)	After last frost when soil is warm	60–95°F	50–60 days	Plant in full sun and warm soil.
Corn	After last frost when soil is warm	60–95°F	70–100 days	Plant in blocks for good pollination.
Zucchini & Summer Squash	After last frost when soil is warm	60–95°F	50–60 days	Give plants plenty of space.
Pumpkin	After last frost when soil is warm	60–95°F	90–120 days	Vines need lots of space.
Watermelon	After last frost when soil is warm	65–95°F	80–100 days	Keep soil warm and evenly moist.
Sunflower	Late spring (after soil warms)	55–85°F	70–100 days	Great for kids and pollinators!

TIPS FOR SUCCESS

- Wait until the soil is warm enough for best germination.
- Water gently and keep soil consistently moist.
- Thin seedlings as they grow to prevent crowding.
- Add compost to soil for healthy plants and better yields.
- Enjoy your harvest and happy gardening!

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