



Vegetable Planting Guide Worksheet

These are general guidelines. Growing times can vary greatly depending on the seed variety you select. Check seed packet for exact growing and planting times.

1. Write "Date of Last Frost" for your region in the space provided below.
(See: www.almanac.com)



2. Using a calendar, calculate the "planting date" by adding or subtracting the number of weeks listed from the "Date of Last Frost."

3. Calculate the "Sow Date" by subtracting the "Growth Period" from the "Planting Date." (Sow Date is the date to sow seed indoors or in a greenhouse for transplanting into the garden after the last frost.)

| Seed/Plant | Write in Sow Date | Growth Period # of Weeks | Safe Set-Out Date (Relative to Last Frost) | Write in Planting Date |
|------------------|-------------------|--------------------------|--|------------------------|
| Beans* | | 8 to 10 | | |
| Beets* | | 8 to 10 | 2-3 weeks after | |
| Broccoli | | 8 to 10 | 2 weeks before | |
| Brussels Sprouts | | 16 to 19 | 3 weeks before | |
| Cabbage | | 13 to 17 | 3 weeks before | |
| Carrots* | | 8 to 10 | 1-2 weeks after | |
| Cauliflower | | 8 to 10 | 2 weeks before | |
| Collards | | 4 to 6 | 4 weeks before | |
| Corn* | | 9 to 12 | 2 weeks after | |
| Cucumber* | | 6 to 12 | 1-2 weeks after | |
| Eggplant | | 14 to 20 | 3 weeks after | |
| Lettuce | | 4 to 7 | 1-2 weeks after | |
| Greens* | | 5 to 7 | Soon as soil can be worked | |
| Okra | | 4 to 6 | 2-4 weeks after | |
| Onion* | | 8 to 10 | 2-3 weeks before | |
| Parsley | | 8 to 10 | 2 weeks before | |
| Peas* | | 8 to 10 | 4-6 weeks before | |
| Peppers | | 8 to 10 | 2 weeks after | |
| Potatoes* | | 10 to 20 | 2-3 weeks after | |
| Pumpkin* | | 15 to 18 | 2-3 weeks after | |
| Radish* | | 4 | 3-4 weeks before | |
| Spinach* | | 6 to 7 | 3-6 weeks before | |
| Winter Squash* | | 13 to 22 | 2 weeks after | |
| Tomato | | 8 to 12 | 1 week after | |
| Zucchini* | | 2 to 4 | 2 weeks after | |

*Seeds can be direct-sown in the garden soil. Other seeds will need to be started indoors or in a greenhouse, or can be purchased as small plants at planting time.